

# Shields Up!

# Cyber Security 101

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Trusted Internet, New Boston, NH





**BE ON THE LOOKOUT for a  
2020 Red Toyota Highlander**

**License plate: TEXAS GER-515**

- Every license plate reader, traffic camera, and EZ Pass will be monitored for this car
- There might be an Amber, Silver, Other Alert issued
- If the car is spotted, it'll be tracked down and stopped by Police for questioning.
- The threat will be (hopefully) mitigated.

**We do this in cyber space.**

We sell 24x7 monitoring and protection. When we see something on the property, we protect and defend it ourselves.

The ADT model, but for computers.



## The Threats

(especially as a result of current circumstances)

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- Opportunistic
- Targeted
- Collateral damage



**Opportunistic –  
High Probability,  
Low to High  
impact**

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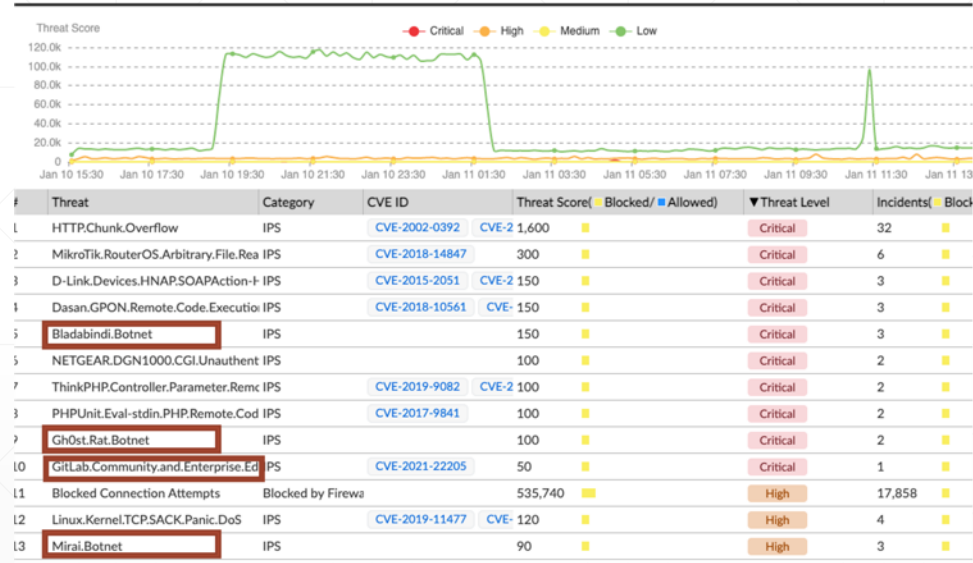
**Ransomware!  
Keystroke loggers  
Password theft**

**Automated, high speed  
attacks**

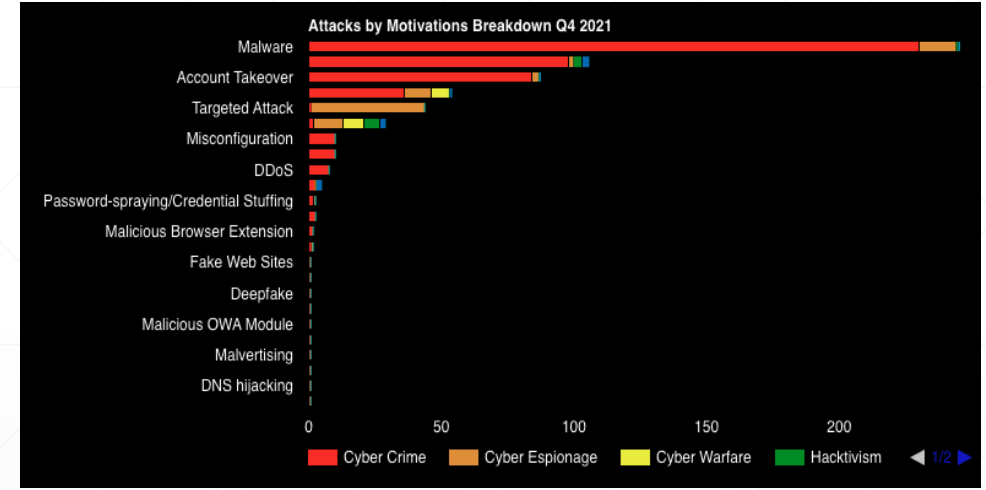
**Motive? Protest, Financial  
Cyber Theft**

# What does that look like?

## High Speed automated attacks



## Malware, Ransomware. Account theft and targeted attacks



SOURCE: HACKMEGEDDON Q4, 2021

83

BREACHES TRACKED IN 2021

4.026B

RECORDS LEAKED IN 2021

2,443

EVENTS RECORDED IN 2021



## **Targeted - Low probability, high impact**

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- **Ransomware (with BIG numbers)**
- **Identity theft or takeover**
- **Negative Press or Social Media**
- **Manual attacks, targeting specific people or companies**

# Targeted Ransomware

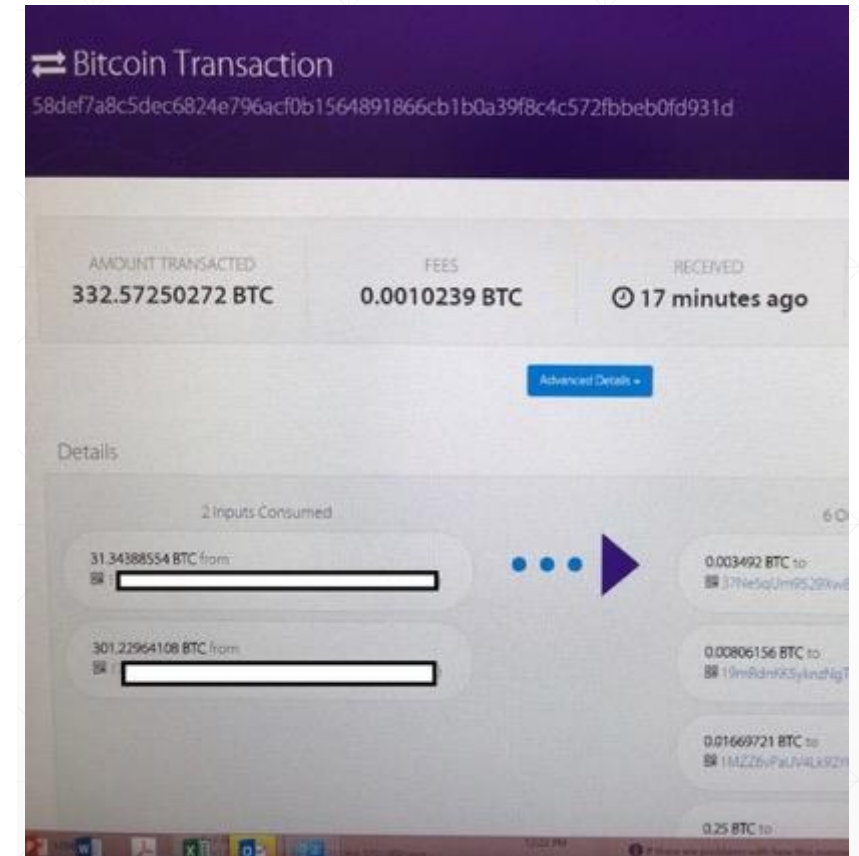


## “Omega” – Houston, Tx

**7500 employees, 1000 servers in over 40 locations encrypted, ransomed**

- Trusted Internet brought in to interface with the board (after four days of business interruption at a cost of \$25 mil per day).
- Trusted Internet took over incident response
- Paid \$700,000 in Bitcoin Ransom
- Restored operations in <24 hours
- Reengineered security architecture

**“Stutzman saved my Company!”**  
CEO “Omega”

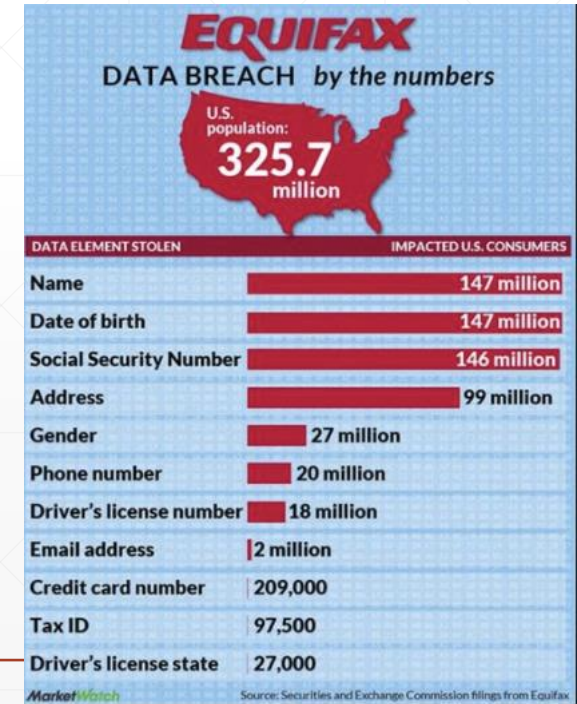


What does a targeted attack look like? Typically

- Data Theft
- Espionage
- Ransomware



An alleged stolen and translated F-35 document www.documentcloud.org





YOUR BOMBS  
KILL  
CIVILIANS

## Collateral damage – (today) Medium Risk, Medium to High Impact

- Ransomware (without the ability to recover)
  - MOTIVE? Financial Support
- Damaging malware (MS identified one in December)
- For Larger Banks and High Network
  - Could be targeted.
  - Russian Oligarchs are now sanctioned and assets frozen
  - Potentially Exposed or High Networth personnel could be targeted
  - Motive? , Revenge, Financial Gain
- WannaCry, NotPetya, BadRabbit



Total Results: 1,787,913 [↗](#)



Top Services



HTTP	279,245
HTTPS	131,656
SSH	92,544
DNS	85,077
8291	66,225

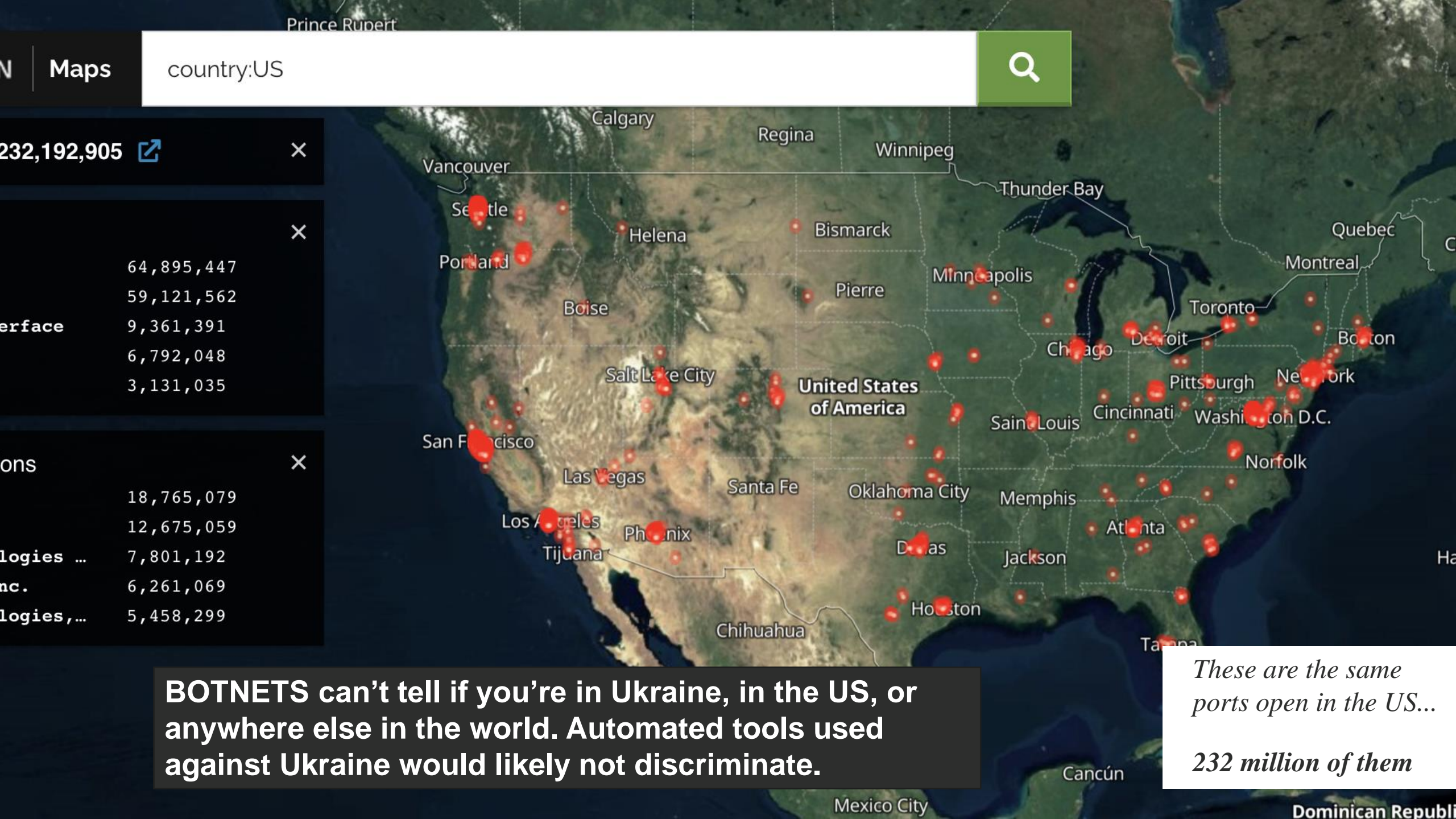
Top Organizations



PJSC Ukrtelecom	52,024
CONTENT DELIVERY NET...	46,466
Lanet Network Ltd	41,711
LTD HOSTPRO LAB	38,132
Kyivstar GSM	37,007



*These are 1.8 mil available computers in Ukraine potentially open to attack.*



country:US

232,192,905

64,895,447  
59,121,562  
9,361,391  
6,792,048  
3,131,035

18,765,079  
12,675,059  
7,801,192  
6,261,069  
5,458,299

**BOTNETS can't tell if you're in Ukraine, in the US, or anywhere else in the world. Automated tools used against Ukraine would likely not discriminate.**

*These are the same ports open in the US...  
232 million of them*

CEO, Trusted Internet, Virtual CISO® to a 7500-person oil and gas, the head coach of an NBA team, two NH Small Businesses (defense and financial), and a \$3.5 billion Houston oil and gas company.

- Past positions include:
  - **DCISE Director** at DoD Cyber Crime Center
  - **Principal Engineer**, Carnegie Mellon, Software Engineering Institute
    - Some of my work continues to fund CMU/SEI for up to \$40 mil per year.
    - Worked for Carnegie Mellon – Twice.
  - **Chief Information Security Officer** Northrop Grumman Electronics Sector
  - **Chief, Cyber Threat Analysis & Intelligence** Northrop Grumman Corporate
  - Cisco Systems, **Sr. Manager Global IT Risk Management**
  - **Navy Intelligence Officer**, Information Warfare (cyber)
- **Built and ran** DoD/DIB Information Sharing and Analysis Environment
- **Built and ran** Northrop Grumman’s anti-cyber espionage team (to protect Northrop Grumman from Chinese spies (APT)).
  - Awarded Northrop Grumman Presidents Award for IT Innovation, 2008
  - Information Security Program of the year.
- **Built and ran** Cisco’s global IT Risk Management practice. Authored risk and integration for Cisco’s M&A processes.
- **Founding member:** HoneyNet Project (the home to many of today’s current security tools).



Certified Information System Security Professional (2002 – Pres), BS Excelsior College, MBA Worcester Polytechnic Institute, Senior Executive Fellow, Harvard Kennedy School

# Veteran Led company



**Jeff Stutzman**  
 CISSP  
 Founder, CEO  
 Virtual CISO®

- Previously:**
- Wapack Labs
  - DoD Cyber Crime Center (DCISE Dir)
  - Carnegie Mellon Univ.
  - CISO, NGES
  - USN Intel
  - USCG SYSADMIN



**Jon Lance**  
 COO, CFO

- Previously:**
- VP Operations, Global Guardian
  - US Navy Pilot



**Amanda Gorski**  
 CISSP, VP, PMO,  
 FSO  
 Virtual CISO®

- Previously:**
- US SOCOM
  - GSEC LLC
  - FSO, Nextech
  - Raytheon Cyber



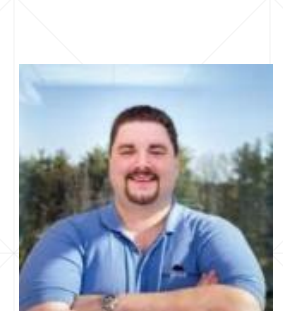
**Nate Paddock**  
 CISSP  
 Dir., Sec. Svcs,  
 Virtual CISO®

- Previously:**
- Dartmouth College
  - Kearsarge Consulting
  - USAF Security Operations Center



**Sajjal Akram**  
 CySA, NSE 5,  
 Dir., Security Ops Center

- Previously:**
- Senior Cyber Engineer, Ebryx PTC
  - MS, BS, National University for Science and Technology

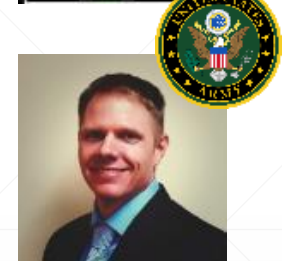


**Mark Constantino**  
 Dir., IT

- Previously:**
- President, MC Computer and CEO, MyCloudCure
  - IT at Convenient MD
  - IT at Dartmouth Hitchcock



**Adam Lange**  
 CISSP  
 Virtual CISO®  
 CMMC Specialist



**Paul Wagner**  
 CISSP  
 Virtual CISO®  
 CMMC Specialist



**US Department of Labor Hire Vets “Platinum” Award Winner**

# Why Trusted Internet? Security Specialists, Experience, Education, Price

## Formal Education, Experience

- Most IT companies use new graduates to run IT or manage an operations center
  - 83% of our team have Masters Degrees
- Deep bench in large enterprise companies
- Personality Diversity and Expert advise

## Professional Certifications

- 39 Certificates, including
  - 9 CISSPs
  - 1 CISA
  - **6 NSE 4**
  - **9 NSE 5**
  - **1 NSE 7**
  - IT Audit, ISO 27001, Cisco, **Fortinet**

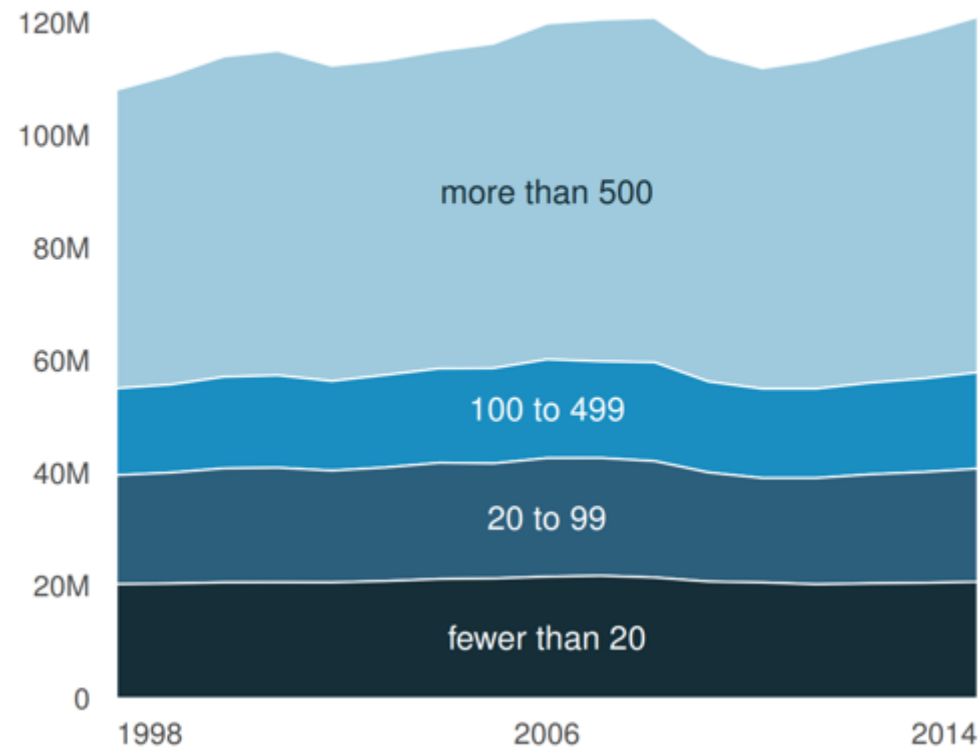
Priced at approximately 40% of current market rates.

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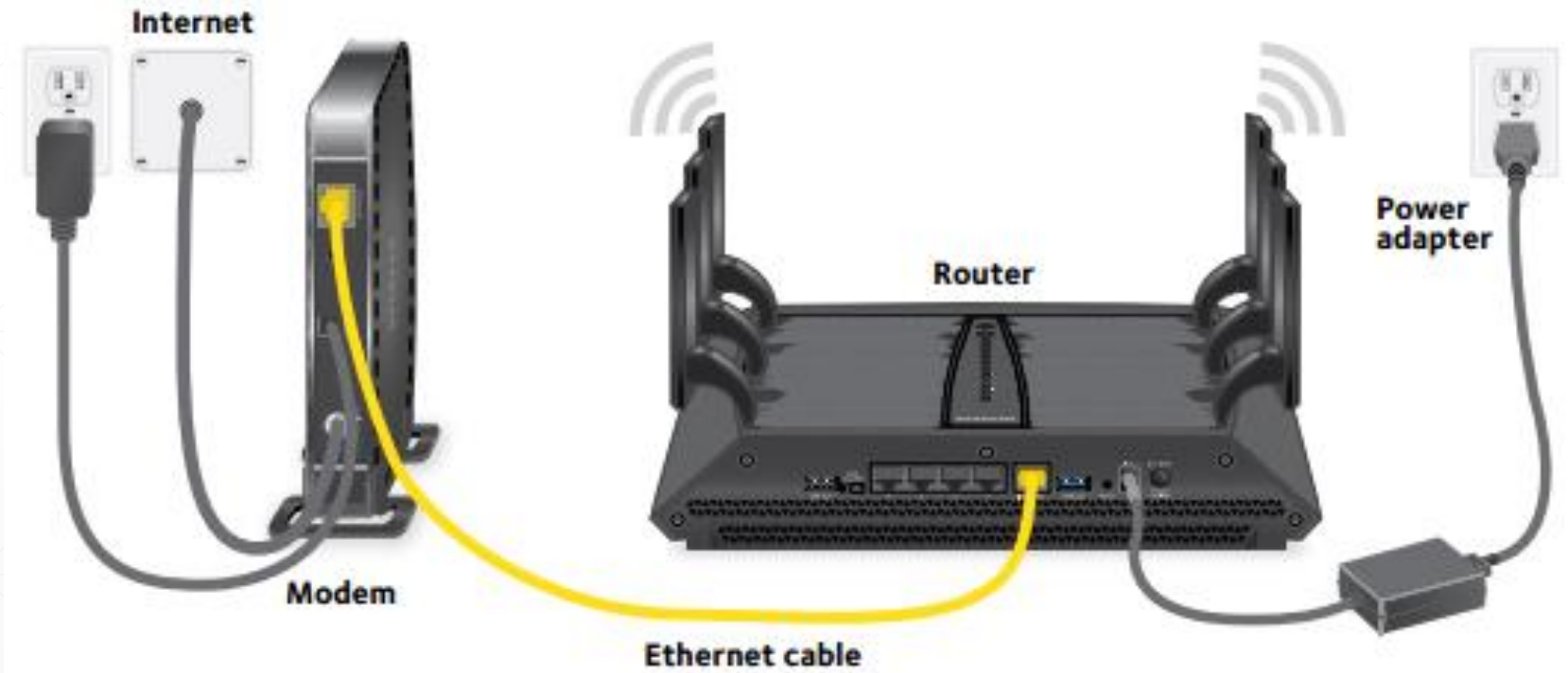
# Our clients? High and Ultra High Net worth Families and their companies

- Approximately 125 current customers
- Smallest: 1. Largest: 3500
- Families, Manufacturing, Oil and Gas, Defense, Finance, Internet, Exec Homes, Family Offices

Figure 1: United States Employment by Business Size (Employees)



# This is what we normally see

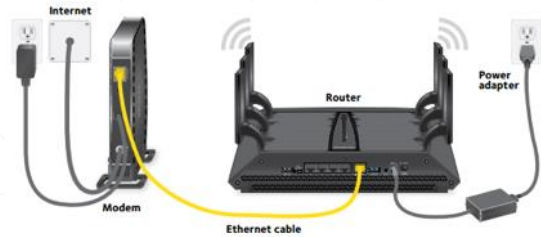


This architecture is unprotected.

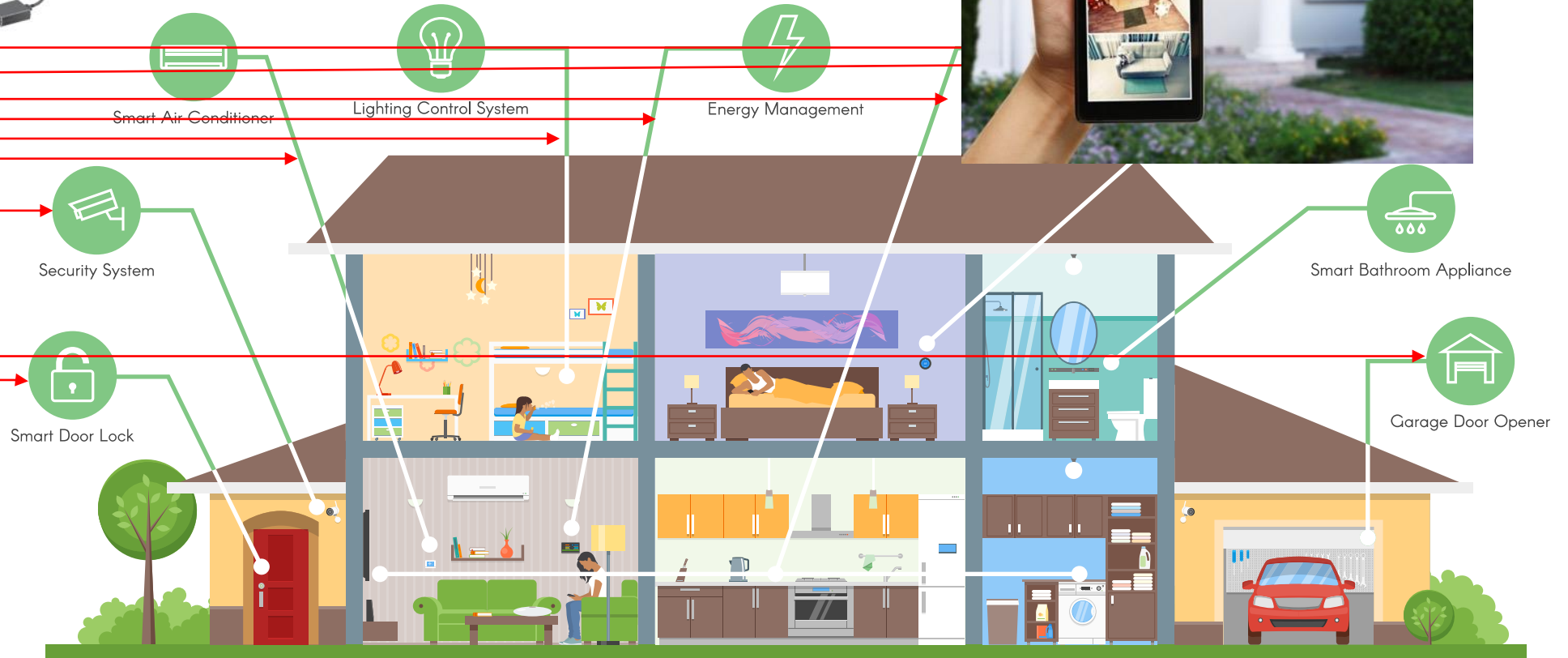
It causes bad things to happen.



# If you can see your home, office, or computer remotely on your phone.. Others may also.



## SMART HOME INFOGRAPHIC



# Executive Home Compromise

*Word of mouth is our best advertising.*

*This client referred us to her CEO resulting in signed new sales.*

## Orange County, CA

- Company partner and Number two sales producer hacked
- **\$82,000 stolen from her bank accounts between Feb and Mar 2019**
- She was hacked through her home wireless router. Company got hacked through her.
- Responded in <12 hours
- Secured the home
- Contacted banks, credit card companies, more. Locked down accounts.
- Virtual CISO assigned. Money restored through Insurance.





During the Ukrainian Presidential Election (2014):

- Smart TV's used to collect intelligence
- Traffic cameras used to monitor movement
- Cellular was denied service
- Texting used for propaganda and psychological operations

**Ukraine election narrowly avoided 'wanton destruction' from hackers**

**“Don’t forget to grab your purse.”**

**THERE ARE AT LEAST EIGHT WAYS TO  
HACK A NEST CAMERA**

SECURITY RESEARCHERS FOUND SEVERAL  
FLAWS IN GOOGLE'S HOME SECURITY  
CAMERA.



# You need to design a Defense in Depth Strategy Fast.

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Cyber Security 101

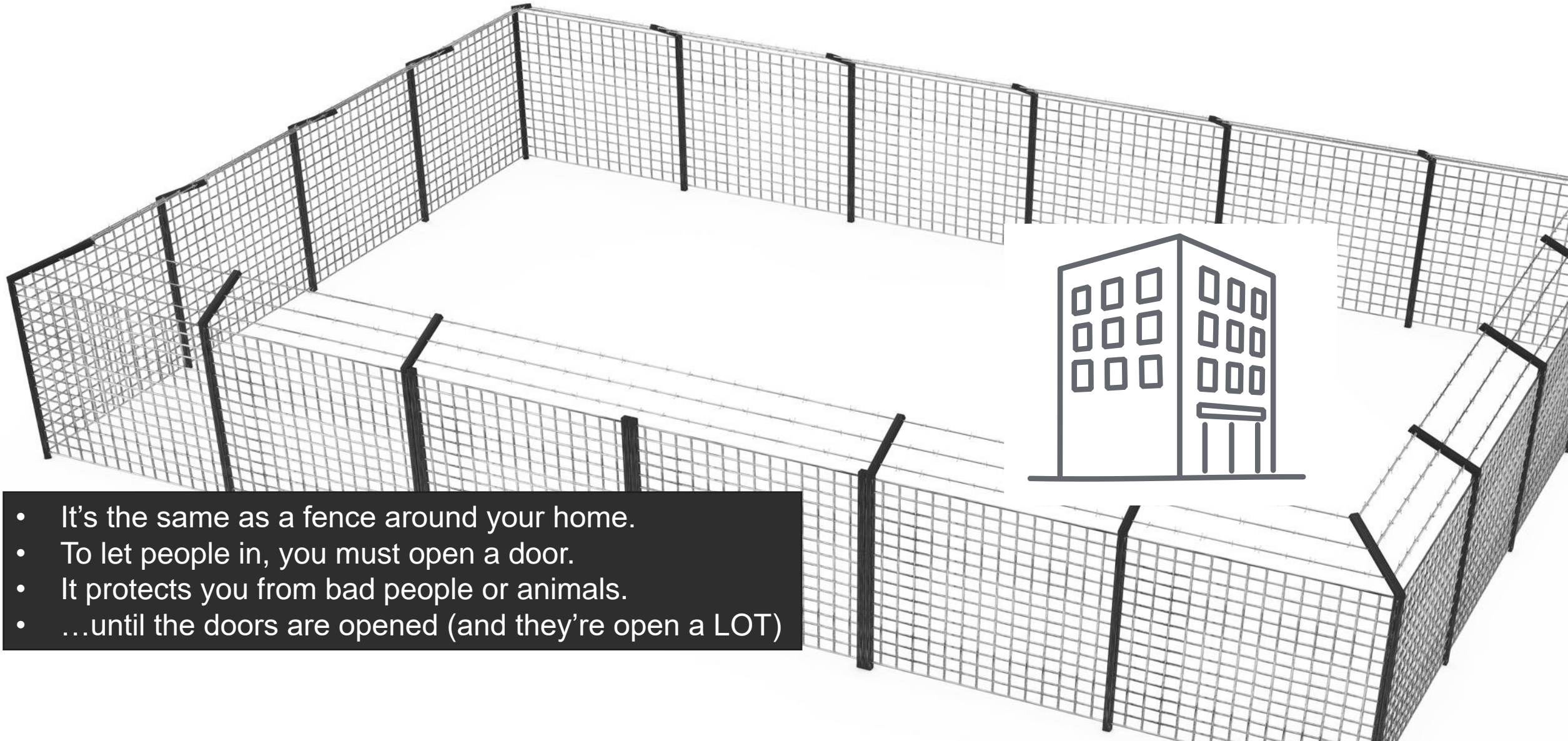
Now.. The good stuff...

## Your mission: PROTECT THIS HOUSE!

- **From...**
  - Ransomware
  - Email based attacks (phishing, spam, BES)
  - Automated, high-speed BotNets
  - Espionage
  - Keystroke loggers
  - Others??

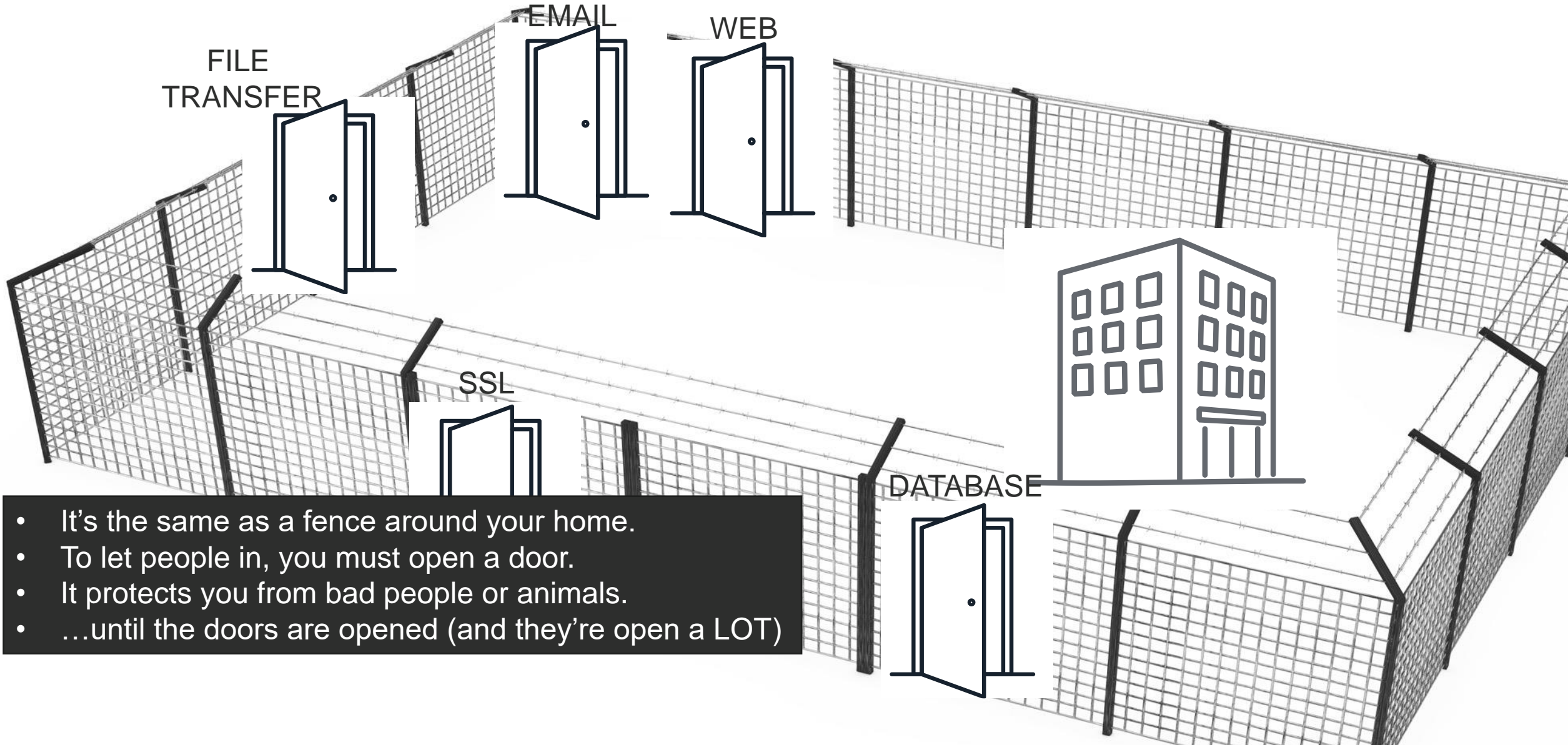


# This is a Firewall.



- It's the same as a fence around your home.
- To let people in, you must open a door.
- It protects you from bad people or animals.
- ...until the doors are opened (and they're open a LOT)

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# This is an Intrusion Prevention System (IPS)



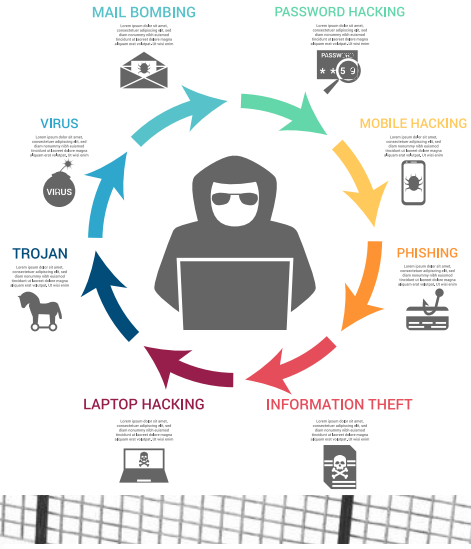
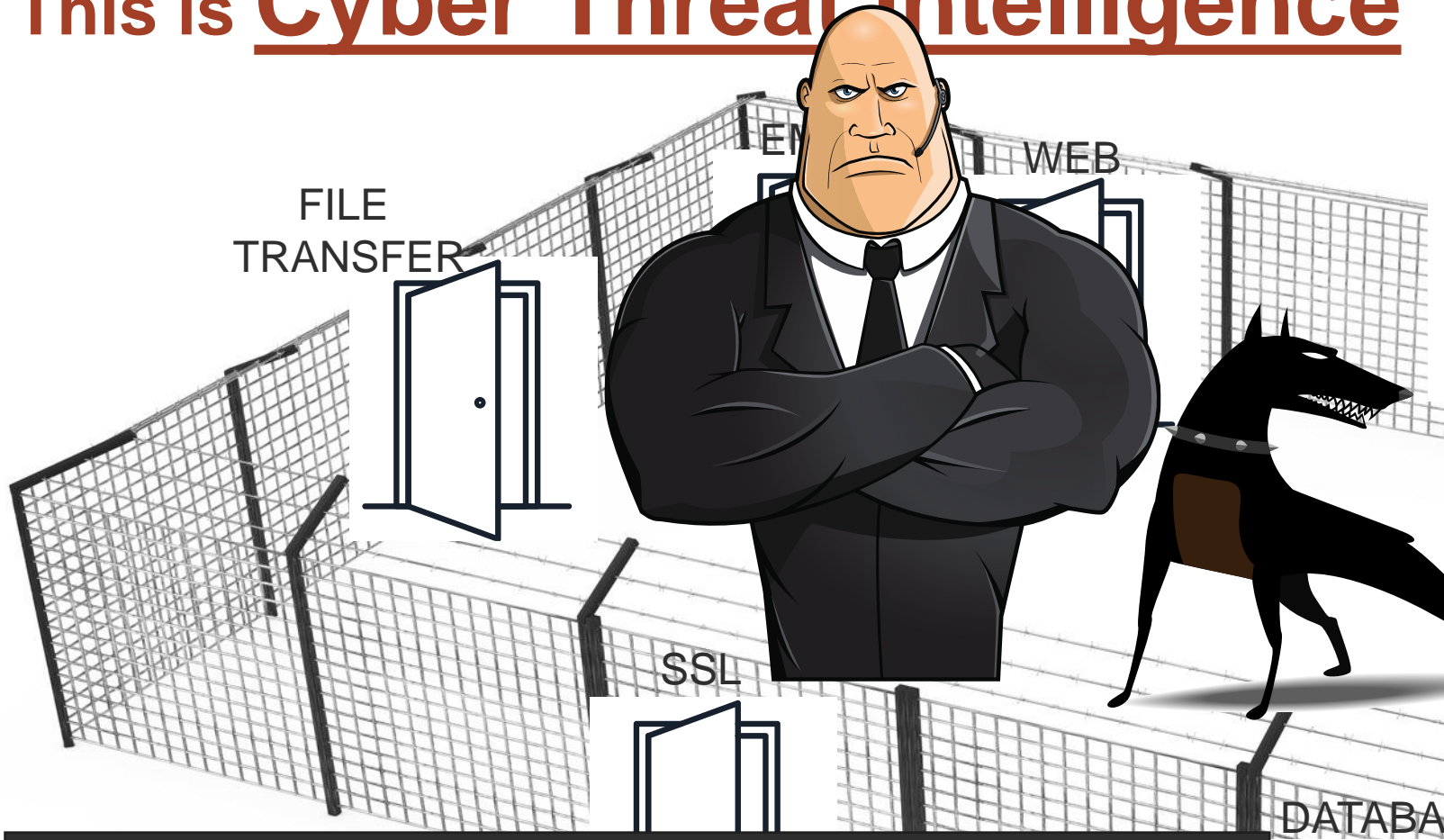
- IPS Checks everyone coming in our out
- It stops the bad.
- Allows the good.
- ...hopefully...

# This is ANTI-VIRUS.

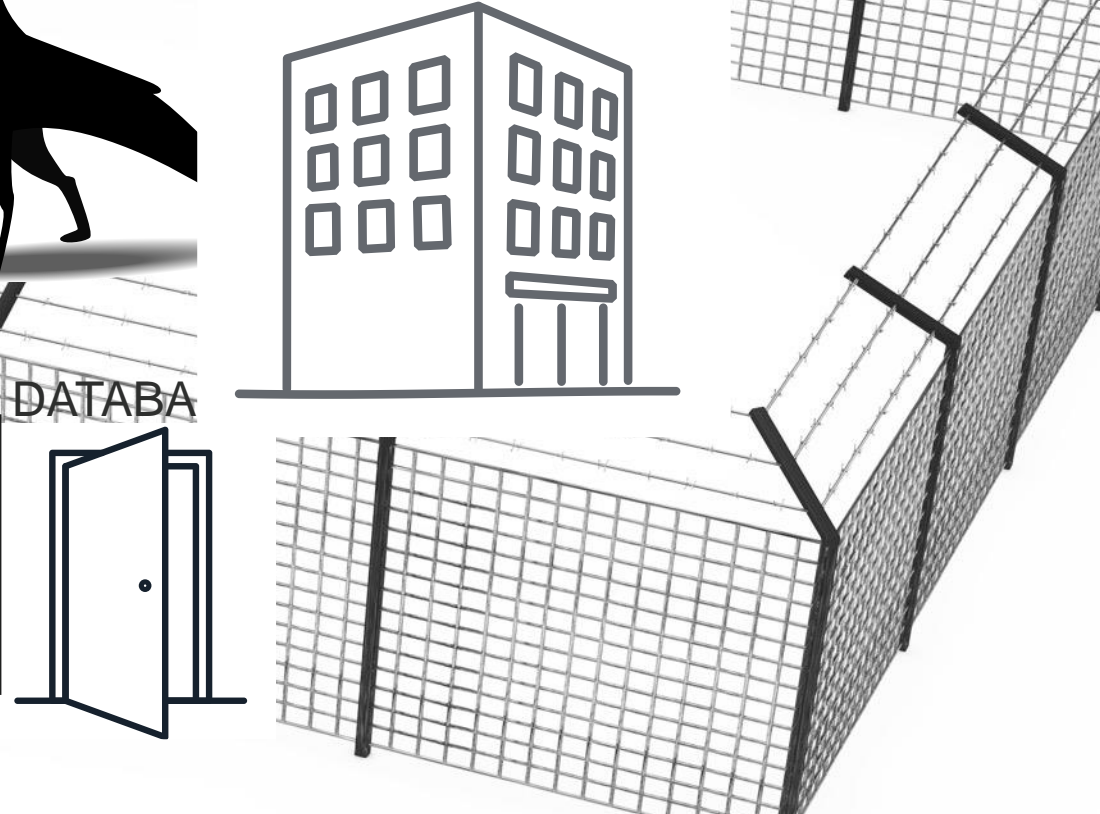


- Stops bad things that try to infect your computer

# This is Cyber Threat Intelligence



- Trains the dog and bouncer to new tactics, techniques and bad guy procedures
- Indicators of compromise and context help train firewalls, IPS and other tools



# And.. Email? Systems in the cloud?

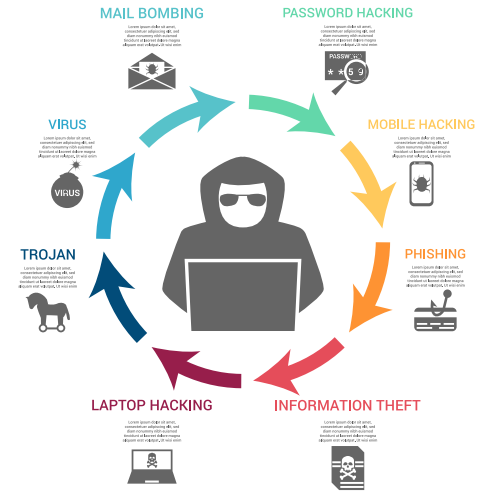
FILE  
TRANSFER



WEB

SSL

DATABA

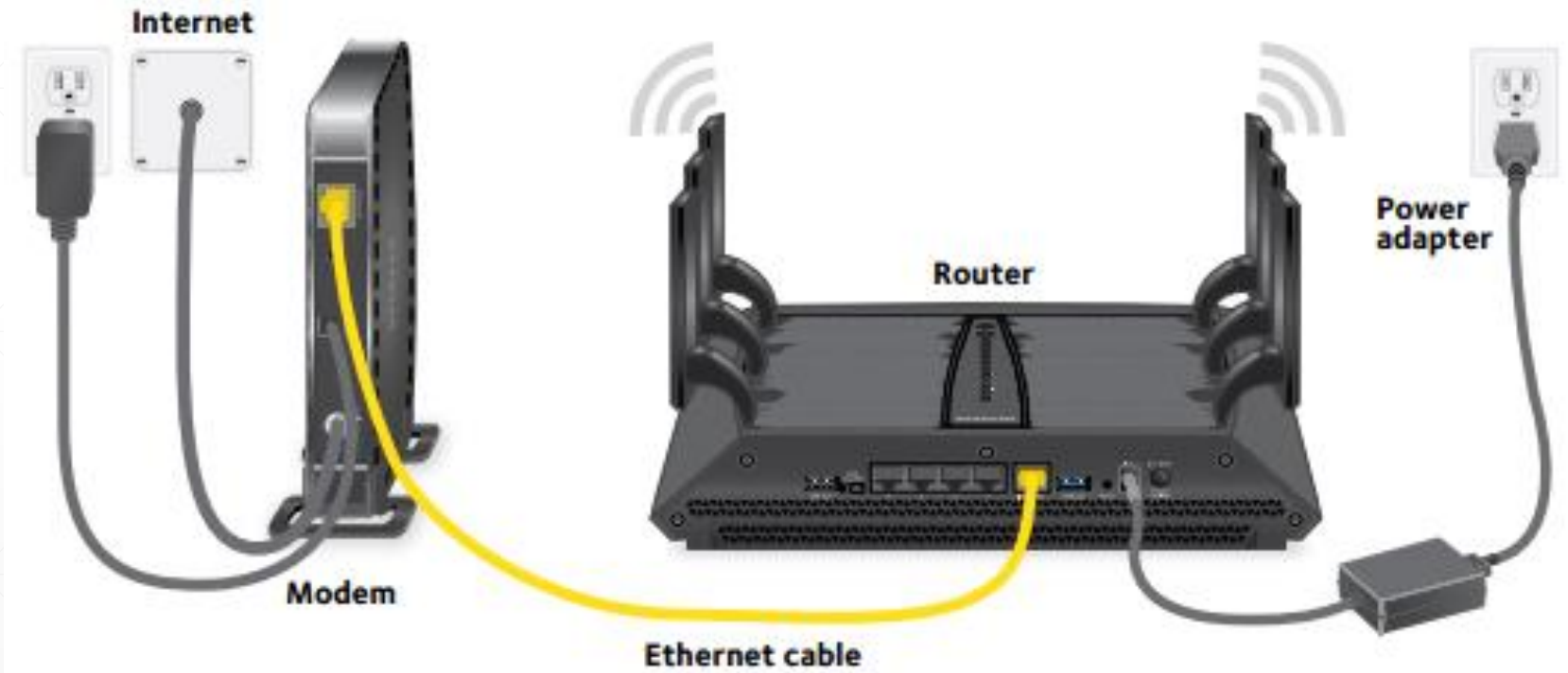


- It's no different.
- Tools like Avanon, Proofpoint, Mimecast and others read your email before you see it, to filter out fake or malicious emails before they get to you.

**Here's what it looks like  
in real life**

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# This is what we normally see

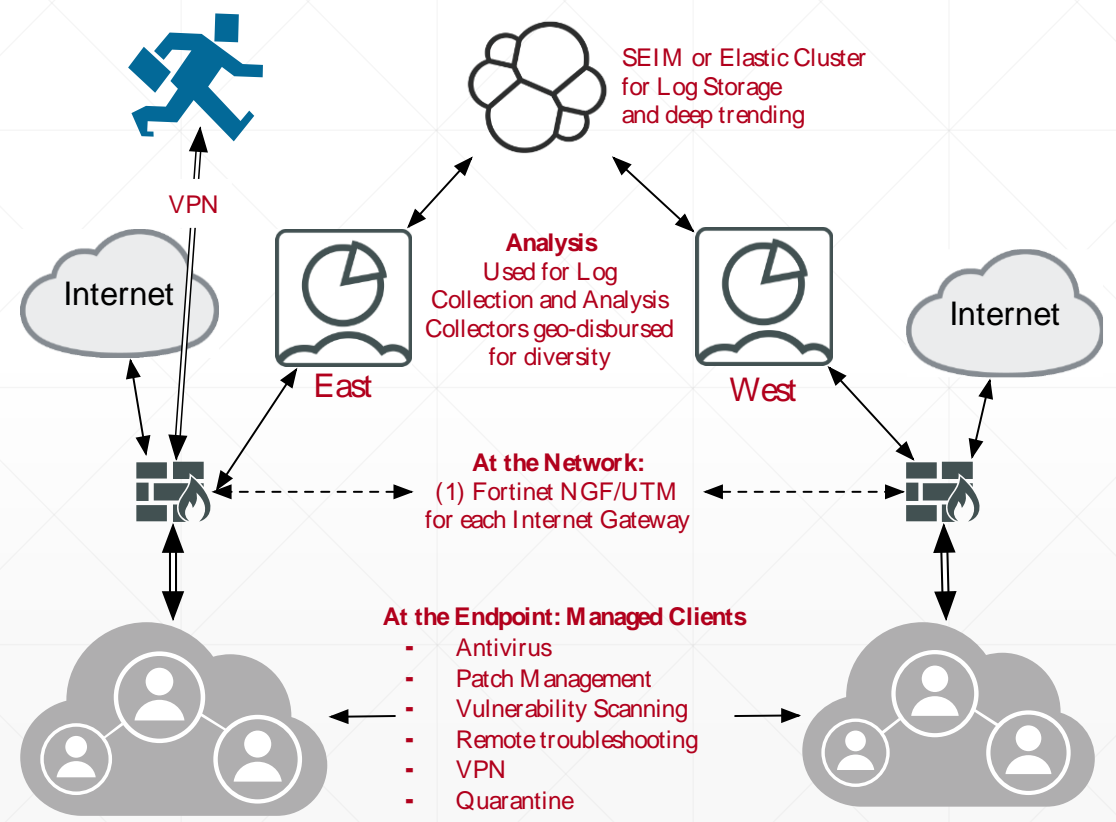


This architecture is unprotected.

It causes bad things to happen.

# Baseline Reference Architecture

This is what we install and/or model against during crisis or pre-crisis.



Insurance companies (and CEOs) love our Trusted Internet Reference Architecture...

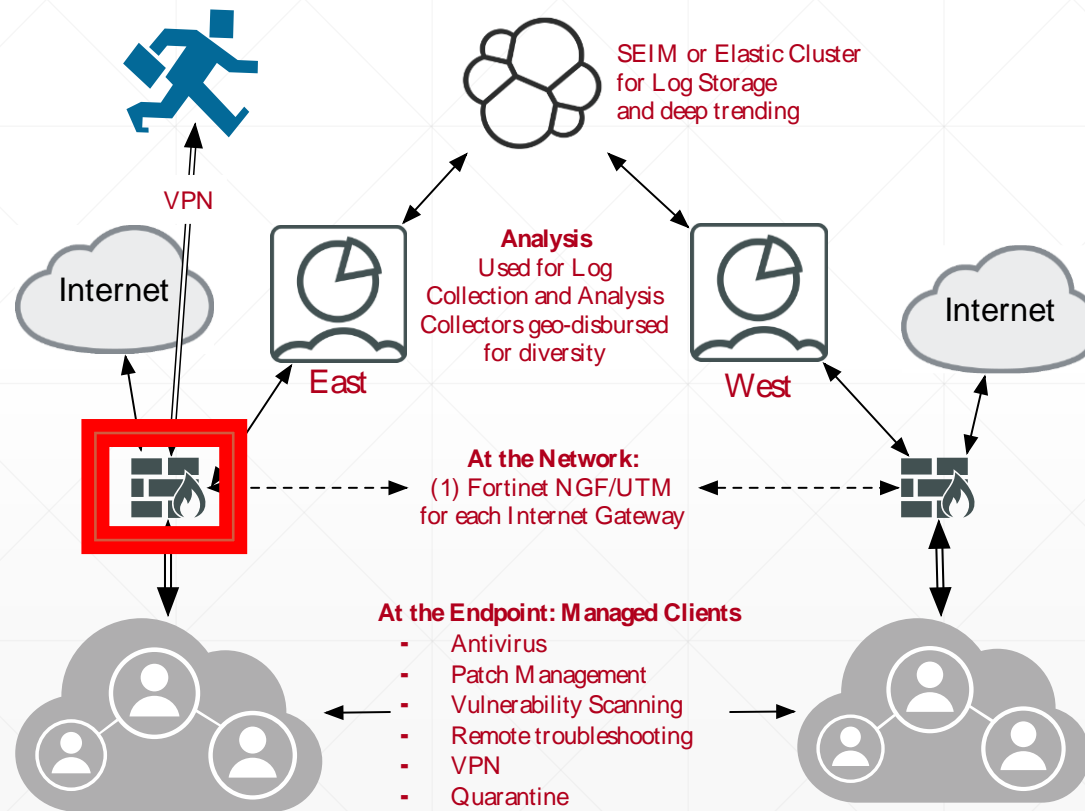
*“My Insurance premium savings paid for all of the work Stutzman and his team did!”*

*CEO “Omega”*

# Next Generation Firewall – Placed behind your Internet Connection (i.e. Comcast Modem or Border Router)

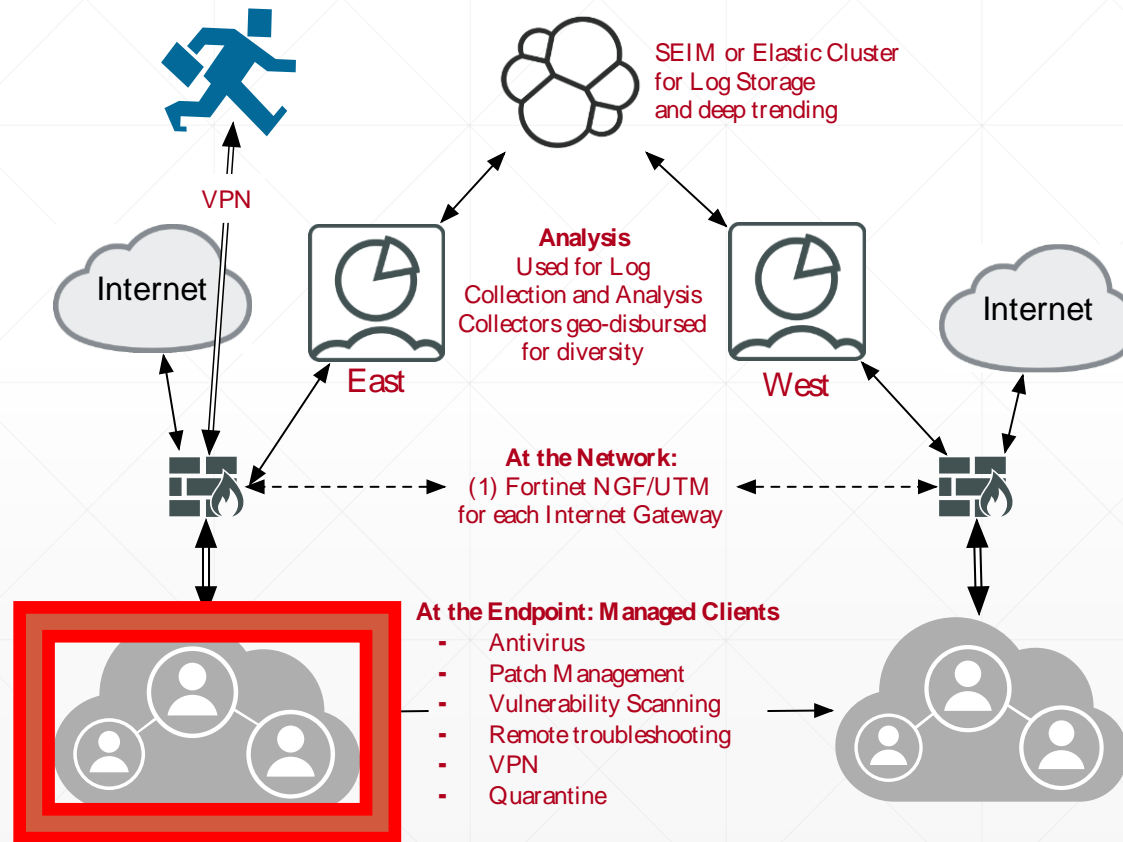
## Next Generation Firewall (the fence)

- **Intrusion Prevention System (the bouncer and dog)**
- **Anti-virus (removes malware before it comes in or leaves)**
- **DNS monitoring**
- **Cyber Threat Intelligence**
- **More!!!**





# On the computer? Anti-Virus, Anti-evasion



## FortiClient

- Managed Anti-Virus
- Vulnerability and Patch status
- 24x7 telemetry connections to the firewall and analysis suite for proactive automation
- Automated quarantine operations
- Optional Always-On SSL or IPSEC VPN

## Minerva's Armor

- Anti-evasion and Deception
- Behavior based analytics

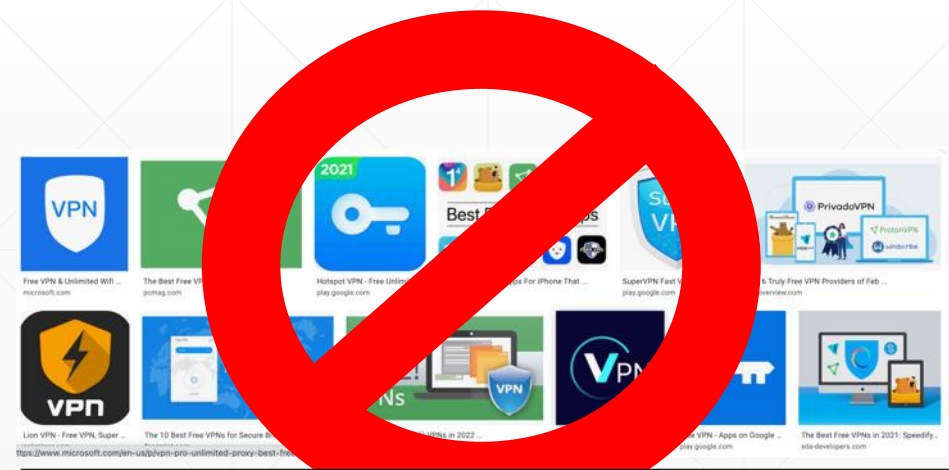
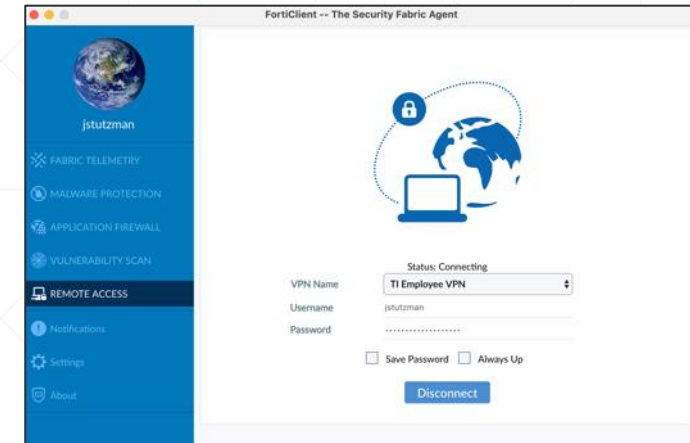
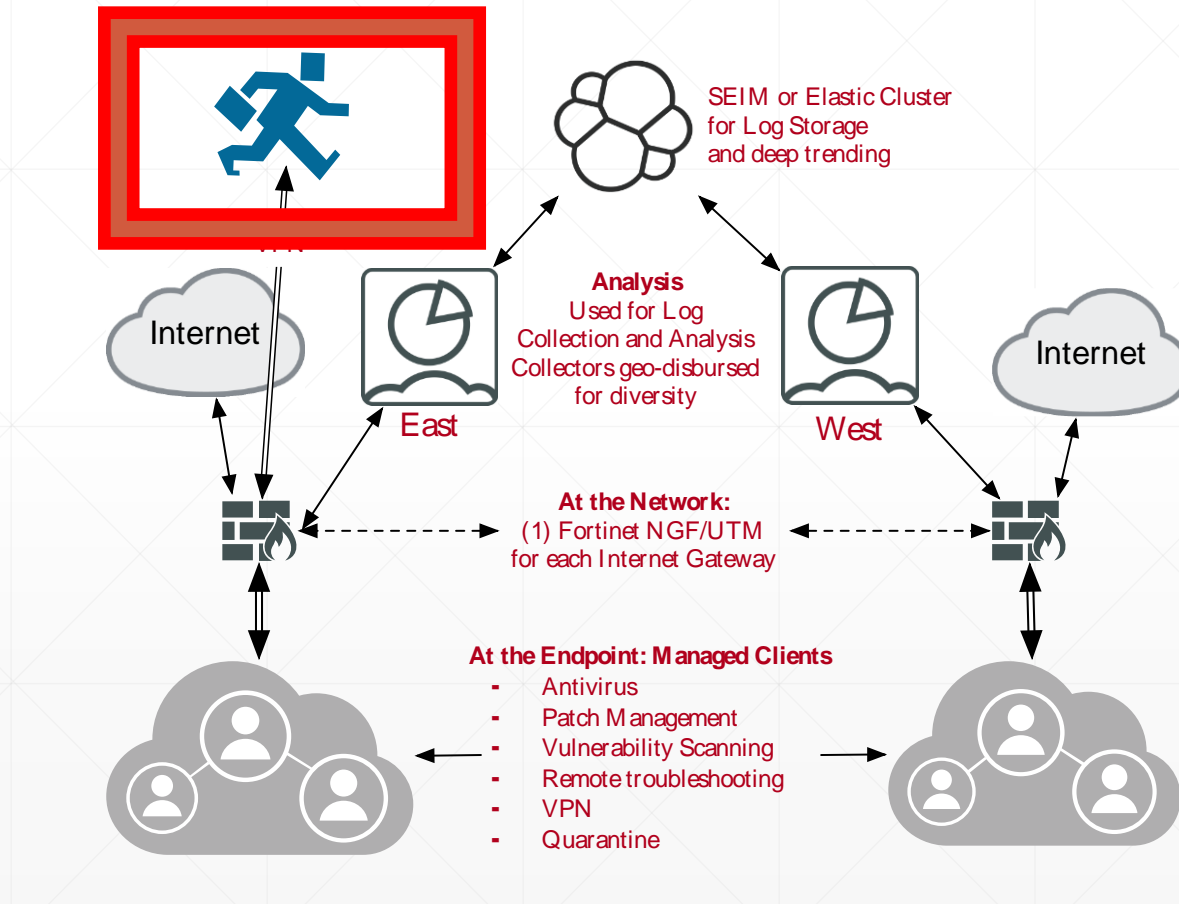
# Virtual Private Network



Every endpoint receives FortiClient and Minerva's Armor and/or Cybereason

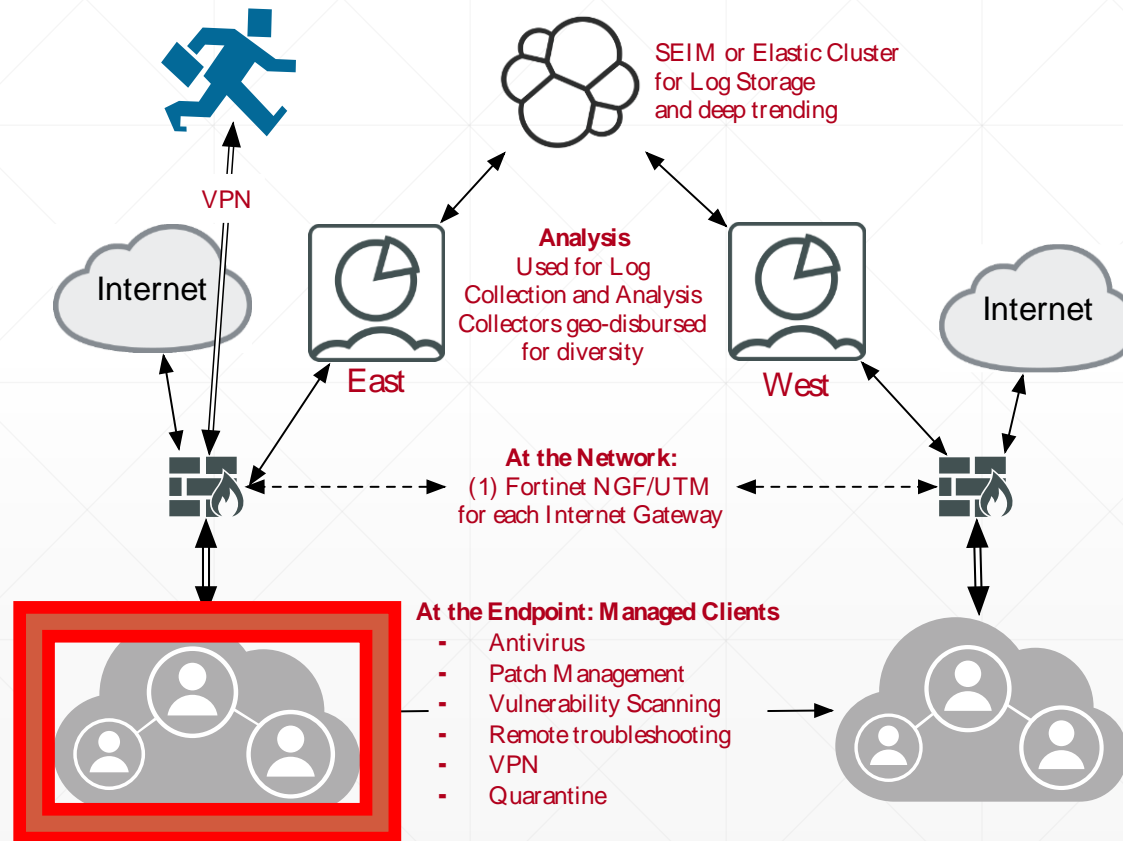
## Virtual Private Network

- Encrypted communications



Stay away from free VPN services

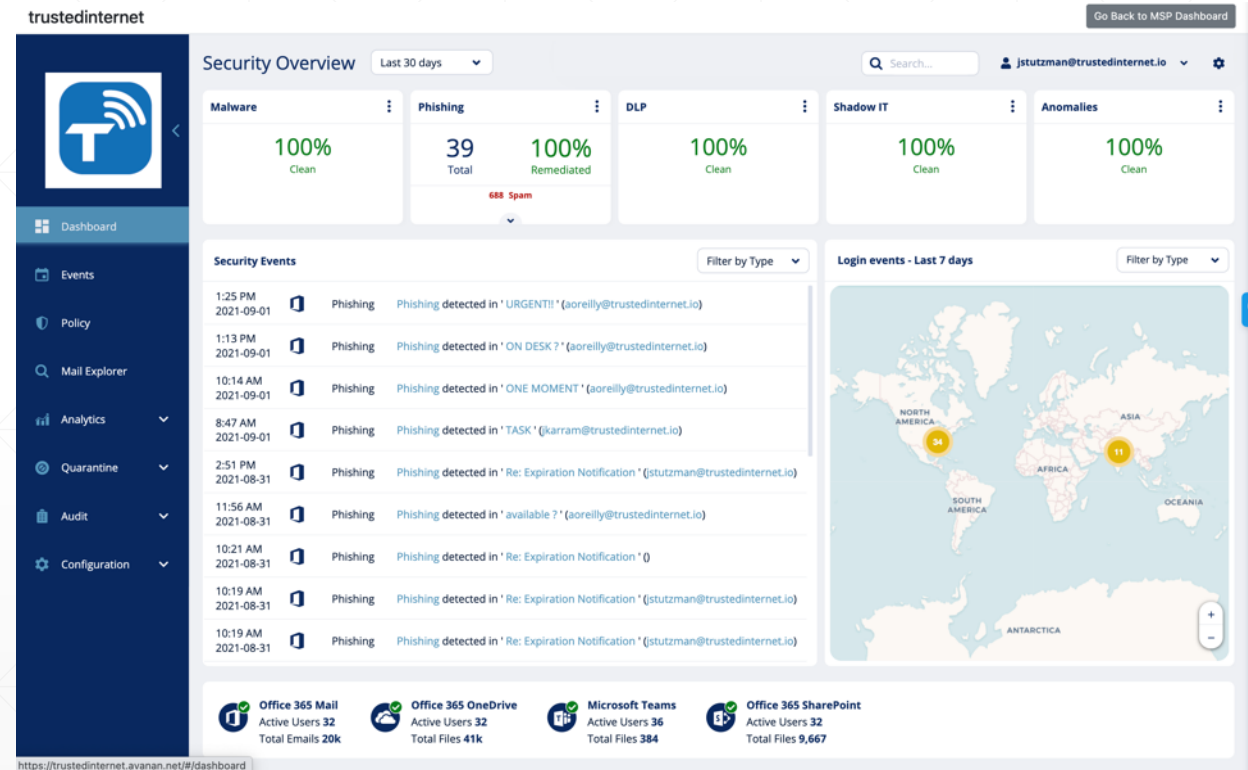
# Two Factor Authentication



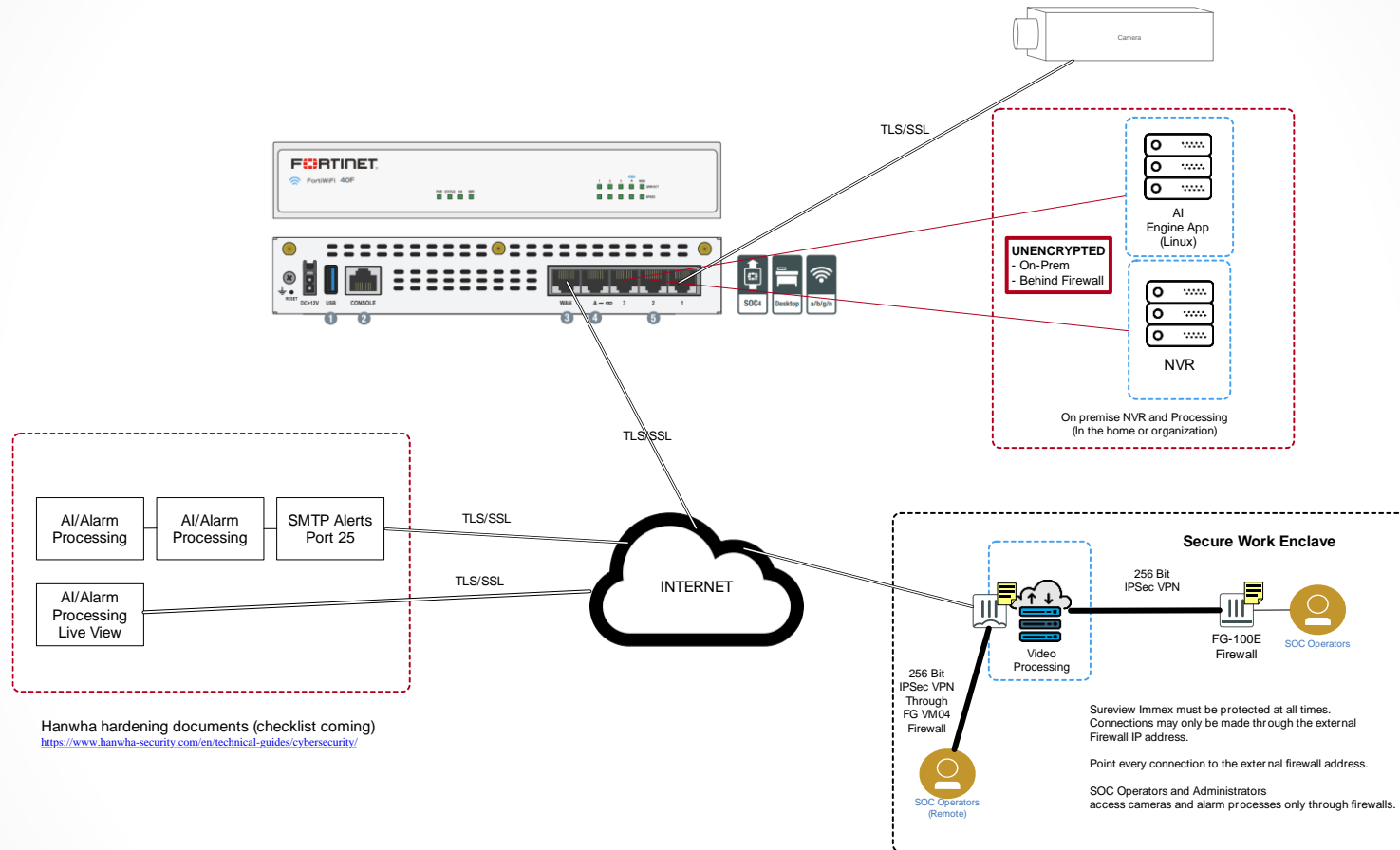
# And threats from Email



- Avanon sits in the cloud
- Protects against threats targeting O365 and Google Mail, Dropbox, Google Drive, Slack, and more.
- AI and Machine learning read emails for threats
- Automatically quarantines phishing, spam, potential BES, and more.
- Very proactive. Low cost, high payoff.



# Protecting physical security systems



Hanwha hardening documents (checklist coming)  
<https://www.hanwha-security.com/en/technical-guides/cybersecurity/>

## Video Surveillance

Video Surveillance and Security Systems are compromised nearly 100% of the time.

This is our Reference Architecture for Secure Integration.

# Key Takeaways

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## Heightened Security Threat from Warfare, Hactivists, and Sympathizers

- Ransomware
- Business Email Compromise
- Physical Security System Security
- Smart Home Systems
- Personal Cyber Security



## Key Points

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**Proactivity is cheaper than incident response.**

- **Insurance may help, and will give you money, but... not time, frustration, burnout, or lost data**

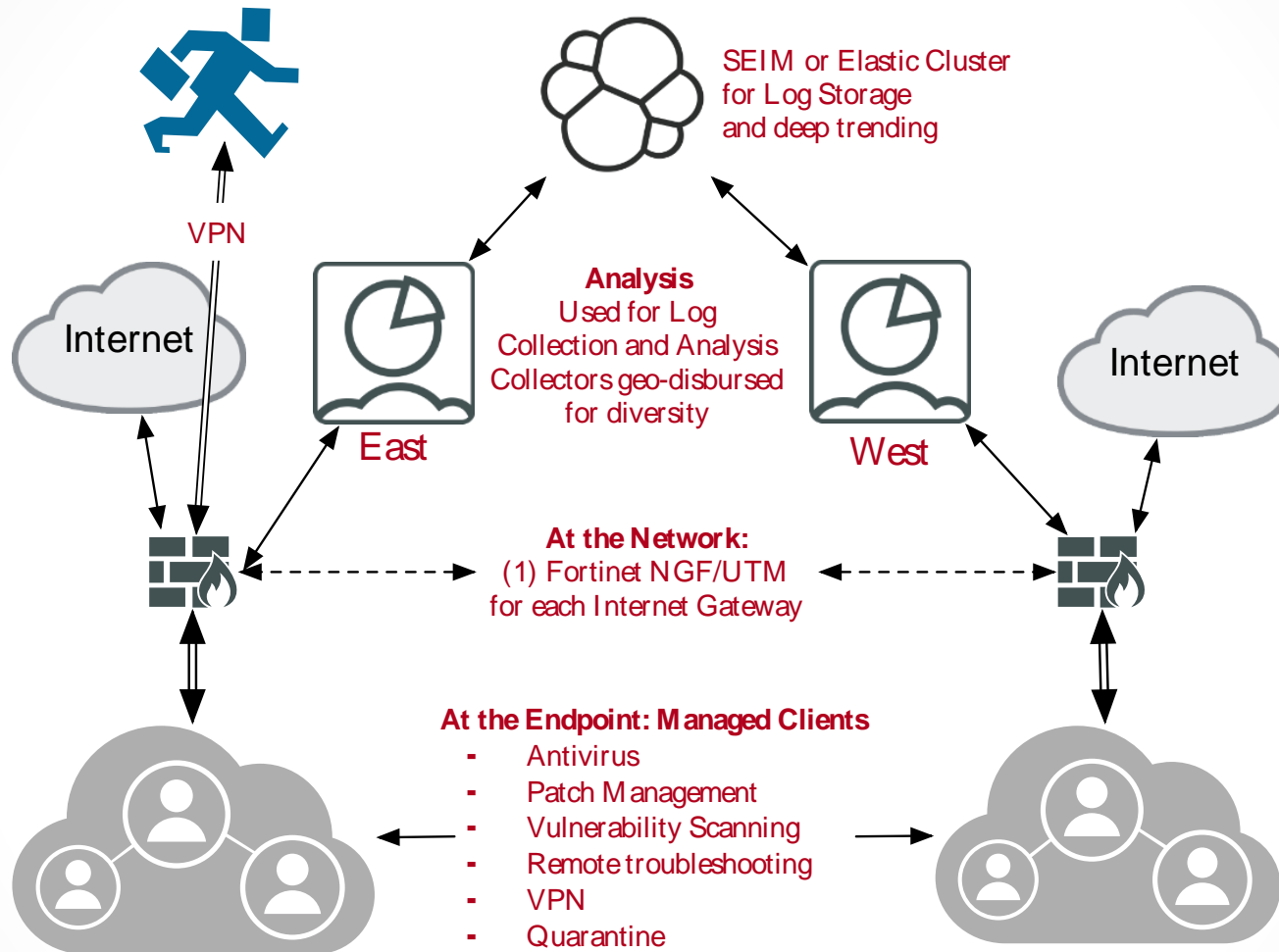




## Key Points

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**Physical security systems are almost never considered, but always targeted (and hacked).**



## Key Points

Defense in depth doesn't have to be expensive to be effective.

# Key Points

**Know your tools.**

**Even the best tools don't work if you don't know how to use them.**





## Last

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Have a plan –and practice it. Tabletop exercises go a long way.

# How to contact Trusted Internet for help:

**Concierge: 800-853-6431**

**[staysafeonline@trustedinternet.io](mailto:staysafeonline@trustedinternet.io)**

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**When you're connected.  
You're protected.®**

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TrustedInternet.io

**JUST IN CASE**

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# Q&A

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